

KENYA AQUATICS

Presents the



10th AFRICA AQUATICS ZONE III SWIMMING CHAMPIONSHIPS SUMMONS

KEY DATES

31th July 2025

Intention to Participate

10th August 2025

Preliminary Entries and Athletes Information

20th August 2025

Accommodation Booking (70% instalment)

30th August 2025

Final Entry Forms

Travel Information

Accreditation Information

Submission of Sport Entries

Final Accommodation Payment

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INTRODUCTION

1.1 History of the Championships

The Championship originated in 2000 then referred to as “the Sub-Saharan Competition”. In 2008 it was named the CANA Zone IV Invitational. At a meeting held in January 2009 during the competition in Johannesburg, South Africa it was decided to rename the competition “the CANA Zone III and IV Invitational Swimming Competition”. At a CANA Zone IV Bureau Meeting of 2013 and during the 12th Edition of the CANA Zone III and IV Championships held in April 2014 in Kampala, Uganda, both Zones agreed to separate the Championships and accordingly decided that each Zone should hold separate invitational events. The CANA Zone III Bureau during its meeting held in August 2015 agreed that the Zone III Championships should commence with the first Edition hosted in Kampala, Uganda in 2015. Rwanda hosted the 2nd edition in 2016 followed by Tanzania which hosted the 3rd in 2017. The 4th edition was hosted by Sudan and the 5th edition by Kenya in 2019. Uganda hosted the 6th Edition in 2021 due to COVID-19, Tanzania hosted the 7th Edition in 2022, Rwanda hosted the 8th Edition championship last year 2023 with a new name of Africa Aquatics Zone III Championships, Burundi Hosted the 9th Edition championship this year 2024 and Kenya will host the 10th Edition in 2025.

1.2 Championships Facility

The Championships will be held in Kasarani Aquatics Stadium swimming pool 50m (Long Course) with 8 lanes.

1.3 Africa Aquatics Zone III Members

The following are the Africa Aquatics Zone III Affiliated Member Federations/Countries that are eligible to attend or host the Championships:

Burundi, Eritrea, Ethiopia, Djibouti, Kenya, Rwanda, Somalia, Southern Sudan, Sudan, Tanzania and Uganda.

Countries from other Zones may be invited to participate in the Championships.

LOCAL ORGANISING COMMITTEE

National Federations should communicate with the Local Organizing Committee (LOC) of the 10th AFRICA AQUATICS ZONE III Swimming Championships 2025 via:

Email:

info@kenyaaquatics.com, kenyaaquatics@gmail.com and Cc: aazone3technical@gmail.com

Members of Local Organizing Committee of the Africa Aquatics ZONE III 2025

NAMES	FUNCTION	EMAIL	CONTACTS
	LOC Chairperson		
	LOC Vice-Chairperson		
	LOC Member		
	LOC Member		
	LOC Member		
	LOC Member		
	LOC Member		
Africa Aquatics Technical Team	Team Members	aazone3technical@gmail.com	

KEY DATES

ACTIVITY	DEADLINE/DATE
Intention to Participate	20 July 2025
Preliminary Entries and Athletes Information	1 August 2025
Accommodation Booking (50% installment)	10 th August 2025
Final Entry Forms	30 th August 2025
Travel Information	
Accreditation Information	
Submission of Sport Entries	
Final Accommodation Payment	
Arrival of the Teams	14 October 2025
Team Leader's Meeting <i>(Come with passports)</i>	15 October 2025 (5PM)
Swimming Competition	16 - 19 October 2025
Departure date for Visiting Teams	20 October 2025

ENTRY INFORMATION

Entry Criteria

Age of the swimmer will be as at the first day of the competition

- Age groups, for both males and females, shall be:

- 12 and Under
- 13/14
- 15/16
- 17 and Over

All entries will be swum as time finals. ENTRY TIMES ARE THEREFORE ESSENTIAL for seeding purposes. **Entries with no times will be accepted.**

Each Country will enter two (2) swimmers per age group per event for individual events and one relay team per relay event. Swimmers may swim up in the relay events.

The names on relay entry forms must be submitted one (1) hour before the start of the session where the event will be swum. The names of the swimmers in medley relay events must be listed in order of their respective strokes.

The Host Country may enter a Team B or by whatever name called, provided they will not score points or win medals, they are an exhibition team.

Entry Forms

The following Forms are to be submitted by the countries wishing to take part in this championship to LOC:

- a. **Intention to Complete;**
- b. **Preliminary Team Entry Form;**
- c. **Accommodation Requirements;**
- d. **Travel Arrangements;**
- e. **Team Entries.**

All Entry Forms must be submitted to Organizing Committee in accordance with indicated deadlines and sent to the following emails:

info@kenyaaquatics.com and Cc: aazone3technical@gmail.com

- **Entries MUST be submitted to aazone3technical@gmail.com using Hy-Tek's Team Manager**
Zip files of events will be attached to this summons

4.3 Entry Fees

- 4.3.1 Entry Fee: US\$2 p/swimmer p/event, US\$4 p/relay team p/event can be paid in USD.
- 4.3.2 Entry fees must be paid before the commencement of the competition.

EVENTS

5.1 MEN and WOMEN - INDIVIDUAL Events

	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	INDIVIDUAL MEDLEY
50M	X	X	X	X	
100M	X	X	X	X	
200M	X	X	X	X	X
400M	X				
800M	X				

5.2 MEN AND WOMEN – RELAY EVENTS

Girls 14 & Under 200 Freestyle Relay	Boys 14 & Under 200 Freestyle Relay
Girls 15 & Above 200 Freestyle Relay	Boys 15 & Above 200 Freestyle Relay
Mixed 14 & Under 200 Medley Relay	Mixed 15 & Over 200 Medley Relay
Mixed 14 & Under 200 Freestyle Relay	Mixed 15 & Over 200 Freestyle Relay
Girls 14 & Under 200 Medley Relay	Boys 14 & Under 200 Medley Relay
Girls 15 & Above 200 Medley Relay	Boys 15 & Above 200 Medley Relay
Girls 14 & Under 400 Freestyle Relay	Boys 14 & Under 400 Freestyle Relay
Girls 15 & Above 400 Freestyle Relay	Boys 15 & Above 400 Freestyle Relay

• 5.3 Events Eligibility and Validity

All participating Federations should be in good standing with World Aquatics/not under suspension. Any Federation that is suspended will required present World Aquatics / Africa Aquatics clearance to participate in• these championships.

Athletes who participate in the Championship swimming events need to be citizens of the member country but it's not needed to be domiciled in the country at the time of the Championships.

Each Member Federation will be required to submit their passport details and or birth certificates in advance to enable the LOC verify their dates of birth and age and nationality.

An event, in all disciplines, will only take place with a minimum number of **four (4) swimmers from different countries**. Where these criteria are not met, the event will be cancelled after revising the final entries during the technical or Team Leaders' meeting.

Masters Events are being offered at these Championships. Participating countries are requested to encourage their Masters Athletes to participate.

A minimum of four entries per event is required to present the event. Should there not be sufficient interested and entries, the relevant events will be cancelled. The events being offered for masters are included in the swimming program.

AWARDS

6.1 Individual points scoring

- Points will be allocated for positions 1 - 15 as follows:

- 1st place - 18 points
- 2nd place - 16 points
- 3rd place - 14 points
- 4th place - 12 points
- 5th place - 11 points
- 6th place - 10 points
- 7th place - 9 points
- 8th place - 8 points
- 9th place - 7 points
- 10th place - 6 points
- 11th place - 5 points
- 12th place - 4 points
- 13th place - 3 points
- 14th place - 2 points
- 15th place - 1 point

6.2 Team/Country Points Scoring

The winning country will be determined by the most points accumulated by the team.

For further clarification on points calculation, calculation of team/country points and points for age group winners will be shared with the summons

6.3 Medals

- Medals shall be awarded to the athletes in each individual and each relay event as follows:
 - First – Gold Medal
 - Second – Silver Medal
 - Third – Bronze Medal

• In the case of equal times, medals shall be awarded as follows:

- 1st Place : 2 Gold, no Silver, 1 Bronze
- 2nd Place : 1 Gold, 2 Silver, no Bronze
- 3rd Place : 1 Gold, 1 Silver, 2 Bronze

6.4 Trophies

Age group trophies will be awarded for victor/victrix ludorum, First (1st runner up) and Second (2nd) runner up. Winners will be determined by **medals won** (and **NOT** by individual points accumulated in events). Points for medals won individually will be allocated as follows:

- Gold - 6 Points
- Silver - 3 Points
- Bronze - 1 Points

Overall Team Trophies will be awarded to the team/country in the First Position, First runner-up and Second runner-up positions. Winning country points will be calculated as stated above.

Athletes must attend all medal ceremonies in their **Official National Federation Team Uniform** including **Closed Shoes**. Athletes should **NOT** carry flags or wear hats to the Medal Ceremony.

RULES

The Championships will be held under World Aquatics RULES in force at the time of the Championships.

7.1 Protests

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 8)

All protests shall be dealt with in accordance with the rules prescribed by World Aquatics GR 9.2 subject to an agreed fee of **100 USD**

In the case of a disqualification arising from a decision of fact, the Referee's decision will be final.

Protests arising out of a session must be lodged in writing with the Referee of the Competition, not later than thirty (30) minutes of the incident or after the results of such session have been made available to Affiliated Team Managers.

In the case of a technical disqualification, the referee will reply in writing the reasons for the disqualification or decisions taken. If the decision stands and the disqualification upheld, the matter can be referred to the Jury of Appeal.

All other protests will be dealt with by the Jury of Appeal.

7.2 Jury of Appeal

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 9)

- 7.2.1 A Jury of Appeal will be appointed by the Bureau to act during the course of the Competition. This panel should consist of three members who will be present for the duration of the competition; these members may not officiate during this period.
- 7.2.2 The Jury of Appeal shall be authorized and empowered to deal with all matters of dispute and/or emergency arising out of and/or concerning the proper conduct and running of the Tournament.
- 7.2.3 Protests in respect of such dispute or emergency shall be lodged in writing by the Affiliated Member with the Chairman of the Committee /Tournament Director, or his representative at the Competition, not less than two (2) hours before the commencement of the session concerned where the reason for such protest is known in advance.
- 7.2.4 The Jury of Appeal shall hear all such evidence as may be presented to it by parties concerned.
- 7.2.5 The Committee shall convey its decision to the Referee and/or any other Official concerned with the dispute and/ or emergency.
- 7.2.6 The procedure at the hearing of the Jury of Appeal shall be that which is commonly practiced by the disciplinary and/or similar Committee.
- 7.2.7 The maxim of the “*adi alteram partem*” rule should at all times be applied in the conduct of the Committee, and any party who may be the subject of an enquiry may have the right to be represented by the President/Secretary and/or Manager of the team of the Affiliated Member of which he/she is a member.
- 7.2.8 All decisions of the Jury of Appeal will be final.

7.3 Withdrawals, Substitutions and Disqualifications

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 14)

- 14(a) Any entered competitor may be substituted by another entered competitor at the Team Leaders meeting.
- 14(b) It is mandatory for at least one representative, or two of each federation to take part in the Team Leaders Meeting.
Failing to do so will result in a fine of USD 100.
- 14(c) Any withdrawals from any event must be made at the Team Leaders meeting.
- 14(d) Any withdrawals after the Team Leaders Meeting or No show during and after an event, shall attract a penalty of **USD 50** for individual events and **USD 100** in case of relays.

CEREMONIES

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 10)

Competitors must be neatly attired in uniform at the Opening, Closing and Presentation Ceremonies.

Teams with athletes who are not appropriately attired at the respective Ceremonies will incur an automatic fine of **100 USD**

DOPING CONTROL

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 11)

All Federations **MUST BE AWARE THAT PARTICIPANTS** may be tested at random at the Championship as per the laid down Anti-Doping Rules.

SWIMWEAR

(Africa Aquatics Zone III Championships - Competition & Host Manual - Rule 16) All swimwear must conform to the World Aquatics rules currently in force



9TH AFRICA AQUATICS ZONE III SWIMMING CHAMPIONSHIPS

16 - 19 October 2025

NAIROBI- KENYA



SWIMMING PROGRAM FOR THREE DAYS (16-19/11/2025)

ORDER OF EVENTS

Day 1 - Thursday 16/10/2025

Morning Session - Start 09:00 Hours

Event #	M/F	Age	Event Name
1	F	14 & under	800 Freestyle
2	M	14 & under	800 Freestyle
3	F	15 & over	800 Freestyle
4	M	15 & over	800 Freestyle

Afternoon Session - Start 14:00 Hours
Opening Ceremony and 800m Medal Presentation

5	F	12 & under	50 Breast
6	M	12 & under	50 Breast
7	F	13 - 14	50 Breast
8	M	13 - 14	50 Breast
9	F	15 - 16	50 Breast
10	M	15 - 16	50 Breast
11	F	17 & over	50 Breast
12	M	17 & over	50 Breast
13	F	12 & under	100 Back
14	M	12 & under	100 Back
15	F	13 - 14	100 Back
16	M	13 - 14	100 Back
17	F	15 - 16	100 Back
18	M	15 - 16	100 Back
19	F	17 & over	100 Back
20	M	17 & over	100 Back
MEDAL	PRESENTATION	50 Breast and	100 Back
21	F	14 & under	200 Med Rel
22	M	14 & under	200 Med Rel
23	F	15 & over	200 Med Rel
24	M	15 & over	200 Med Rel

Day 2- Friday 17/10/2025
Morning Session - Start 09:00 Hours

Event #	M/F	Age	Event Name
25	F	12 & under	200 Breast
26	M	12 & under	200 Breast
27	F	13 - 14	200 Breast
28	M	13 - 14	200 Breast
29	F	15 - 16	200 Breast
30	M	15 - 16	200 Breast
31	F	17 & over	200 Breast
32	M	17 & over	200 Breast
MEDAL	PRESENTATION	200 Med Relay	and 200 Breast
33	F	12 & under	50 Back
34	M	12 & under	50 Back
35	F	13 - 14	50 Back
36	M	13 - 14	50 Back
37	F	15 - 16	50 Back
38	M	15 - 16	50 Back
39	F	17 & over	50 Back
40	M	17 & over	50 Back

Afternoon Session - Start 14:00 Hours

41	F	12 & under	200 Freestyle
42	M	12 & under	200 Freestyle
43	F	13 - 14	200 Freestyle
44	M	13 - 14	200 Freestyle
45	F	15 - 16	200 Freestyle
46	M	15 - 16	200 Freestyle
47	F	17 & over	200 Freestyle
48	M	17 & over	200 Freestyle
49	F	12 & under	50 Butterfly
50	M	12 & under	50 Butterfly
51	F	13 - 14	50 Butterfly
52	M	13 - 14	50 Butterfly
53	F	15 - 16	50 Butterfly
54	M	15 - 16	50 Butterfly
55	F	17 & over	50 Butterfly
56	M	17 & over	50 Butterfly
Medal	Presentation	50 Back, 200Free	And 50 Fly
57	F	14 & under	4x100 Free Relay
58	M	14 & under	4x100 Free Relay
59	F	15 & over	4x100 Free Relay

Day 3- Saturday 18/10 /2025
Morning Session - Start 09:00 Hours

Event #	M/F	Age	Event Name
61	F	14 & under	400 Freestyle
62	M	14 & under	400 Freestyle
63	F	15 & over	400 Freestyle
64	M	15 & over	400 Freestyle
MEDAL	PRESENTATION	4x100 relay and	400 Free
65	F	12 & under	100 Butterfly
66	M	12 & under	100 Butterfly
67	F	13 - 14	100 Butterfly
68	M	13 - 14	100 Butterfly
69	F	15 - 16	100 Butterfly
70	M	15 - 16	100 Butterfly
71	F	17 & over	100 Butterfly
72	M	17 & over	100 Butterfly

Afternoon Session - start 15:00 pm

73	F	12 & under	200 Back
74	M	12 & under	200 Back
75	F	13 - 14	200 Back
76	M	13 - 14	200 Back
77	F	15 - 16	200 Back
78	M	15 - 16	200 Back
79	F	17 & over	200 Back
80	M	17 & over	200 Back
81	F	12 & under	100 Breast
82	M	12 & under	100 Breast
83	F	13 - 14	100 Breast
84	M	13 - 14	100 Breast
85	F	15 - 16	100 Breast
86	M	15 - 16	100 Breast
87	F	17 & over	100 Breast
88	M	17 & over	100 Breast
MEDAL	PRESENTATION	100 fly, 200 Back	100 Breast
89	F	12 & under	50 Freestyle
90	M	12 & under	50 Freestyle

91	F	13 - 14	50 Freestyle
92	M	13 - 14	50 Freestyle
93	F	15 - 16	50 Freestyle
94	M	15 - 16	50 Freestyle
95	F	17 & over	50 Freestyle
96	M	17 & over	50 Freestyle

Day 4- Sunday
Morning Session - start 09:00 am

Event #	M/F	Age	Event Name
97	F	14 & under	200 Fly
98	M	14 & under	200 Fly
99	F	15 - 16	200 Fly
100	M	15 - 16	200 Fly
101	F	17 & over	200 Fly
102	M	17 & over	200 Fly
MEDAL	PRESENTATION	50 Free and	200Fly
103	F	12 & under	100 Freestyle
104	M	12 & under	100 Freestyle
105	F	13 - 14	100 Freestyle
106	M	13 - 14	100 Freestyle
107	F	15 - 16	100 Freestyle
108	M	15 - 16	100 Freestyle
109	F	17 & over	100 Freestyle
110	M	17 & over	100 Freestyle
111	F	12 & under	200 I M
112	M	12 & under	200 I M
113	F	13 - 14	200 I M
114	M	13 - 14	200 I M
115	F	15 - 16	200 I M
116	M	15 - 16	200 I M
117	F	17 & over	200 I M
118	M	17 & over	200 I M
MEDAL	PRESENTATION	100 Free and	200 IM
119	F	14 & under	200 Free Relay
120	M	14 & under	200 Free Relay
121	F	15 & over	200 Free Relay
122	M	15 & over	200 Free Relay
CLOSING CEREMONY			

MASTERS EVENTS

- The following events are offered as a minimum for masters
- Participating countries are requested to encourage their Masters Athletes to participate.
- A minimum of four entries per event is required to present the event
- Should there not be sufficient interested and entries, the relevant events will be cancelled.
- **The events being offered for masters are included in the Zip file shared as (Women / Men) only 50m individual events will be swam in the Masters due to time constraints.**
- Points for Masters will not be included to Overall Results.

ACCREDITATION

- All entry to the Competition Venue will strictly be by an accreditation card.
- Kindly send an electronic passport size photograph for each participant / officials, with the their full name and surname as in passport (also indicate "SW" for swimmer, or "TM" for Team Management and "TO" for Technical Official) e.g. SW John Mwanakwetu .jpeg or TM Jane Mshangingi.jpeg
- **Please send these with your FINAL ENTRY FORMS by 20th August 2025**

Sitting arrangement by teams/country will be provided via visible signs at the competition venue. We ask teams to kindly respect the allocated areas.

TECHNICAL OFFICIALS

1. Visiting countries are allowed to bring at least 2 Qualified, Experienced Technical Officials (if possible those on the World Aquatic lists) from their countries who wishing to officiate at this event, the country must submit to the LOC and Zone III Secretariat/ Zone III Technical Swimming Committee, the names, and copy of passports by **20th August 2025**. **These officials will be responsible for their own accommodation and transport to the competition venue, unless they are leaving in the official hotels, the transport will be provided.**
2. The appointment of Technical Officials will be done by the Zone III Technical Officials Committee in consultation with the Zone III Secretariat and the LOC.
3. **During Competitions all officials must adhere to the established Dress Code, (navy blue bottoms, - long pants, trousers,) LOC will provide white Shirts to every competition day.**

TEAM LEADERS MEETING

A Team Leader/Managers' meeting will be held **on 15 October 2025 at 5PM.**

- Only two members per country are allowed in the meeting of which one should be Team manager of the delegation
- It is a requirement for all managers/leaders to attend this meeting. It will be at this meeting that any changes to entries may be made.
- Failure to attend this Meeting will result in an automatic fine of **US\$ 100** per Rule 9.3 of Africa Aquatics Zone III Competition Rules/Manual.

NATIONAL FLAG

Teams are requested to come with their national flags for the Opening and Closing Ceremonies.

• USE OF VENUE PRE-COMPETITION

Teams will be allowed to warm up at the competition venue pool on **15 October 2025**. But if the Visiting team wishes to have much time of training before, during and after training, you will need to notify the LOC and adjust the training schedule for that team. A schedule will be provided by the **LOC by 10 October 2025**.

The Championships morning and afternoon warm up schedules will be shared at the Team Leaders Meeting

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VISA REQUIREMENTS

- A citizen of East African Community Member States (Uganda, Burundi, DRC, Rwanda, Tanzania) no visa to enter Kenya.
- Citizens of all countries are allowed to get visa upon arrival with applying online or no have to pay upon arrival. The visa fees are ? USD for entry.

*If you have any question, you can visit **THE WEBSITE**:*

Each National Federation requiring an entry visa is requested to immediately forward scanned copies of passport data pages and passport size photographs for each member of the delegation to facilitate the preparation of a visa support letter.

PAYMENT FOR ACCOMMODATION

For purposes of securing reservations payments must be made as follows :

- **A 70% deposit on accommodation must be sent by 20th August 2025; and full payment on 1st September 2025.**
- Any Federation choosing not to stay in Official Accommodation will pay **25 USD/pers/day** for local transportation and lunch to take together with all the Teams.
- All payments should be made via bank transfer to:

Account Name: National Olympics Committee of Kenya NOCK

Name of Bank: KCB Bank,

Account No: 1109163649

Address: Moi Avenue

Swift Code:

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ALL TRANSFERS MUST INDICATE THE COUNTRY'S NAME and all remittances should include banking charges to be paid for by the sender when they process the transfer. Please email a scanned copy of the payment instructions and confirmation to **LOC email: info@kenyaaquatics.com**

AFTER COMPETITION FUNCTION

- An after-Competition function will be arranged for the visiting teams on 19th **October 2025**. LOC will provide further details at a later stage.

REMINDER

- Teams are reminded to carefully read the Africa Aquatics Zone III Championships Competition and Host Manual to ensure they are fully conversant with all of the Competition rules.

Teams are requested to promptly fill and return the Intention to Participate Form and all other forms attached to this summons.

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END